

## STRATEGY FOR IMPLEMENTATION OF GUIDELINES

To effectively implement the guidelines set forth in the previous sections, it is recommended that Stroke Centers be established in every region. Stroke Centers shall be designated according to levels as follows:

STROKE CENTER LEVEL	REQUIREMENTS	ACTIVITIES
I	<p>Basic: Physician/Municipal Health Officer</p> <p>Optional: Nurse/Midwife Barangay Health Worker</p> <p>Facilities: Municipal Health Clinic</p>	<p>Stroke prevention and public education</p> <p>Recognition of stroke</p> <p>Acute treatment of TIA and mild stroke</p> <p>Referral of moderate and severe strokes to Levels II or III centers</p> <p>Referral to Levels II or III centers for diagnostic tests</p> <p>Rehabilitation</p> <p>Secondary prevention of stroke and follow-up visits</p>
II	<p>Basic: Neurologist (If not available, other physicians with special training in stroke) Neurosurgeon Stroke nurse Radiologist Physiatrist</p> <p>Facilities*: CT scan Electrocardiogram Laboratory Stroke Team/Unit Operating Room</p>	<p>Stroke prevention and public education</p> <p>Recognition of stroke</p> <p>Acute treatment of TIA, mild, moderate, and severe strokes</p> <p>Referral of complicated strokes to Level III centers</p> <p>Referral to Level III centers for further diagnostic tests</p> <p>Rehabilitation</p> <p>Secondary prevention of stroke and follow-up visits</p>

III	<p>Basic:</p> <ul style="list-style-type: none"> <li>Neurologist</li> <li>Neurosurgeon</li> <li>Stroke nurse</li> <li>Neuroradiologist</li> <li>Vascular surgeon</li> <li>Cardiologist</li> <li>Neurosonologist</li> <li>Physiatrist</li> </ul> <p>Facilities:</p> <ul style="list-style-type: none"> <li>CT scan, MRI</li> <li>Cardiac diagnostic services (including ECG, Doppler, echocardiogram)</li> <li>Laboratory</li> <li>Angiography</li> <li>Stroke Unit</li> <li>Rehabilitation Unit</li> <li>Operating Room</li> </ul>	<ul style="list-style-type: none"> <li>Stroke prevention and public education</li> <li>Recognition of stroke</li> <li>Acute treatment of TIA, mild, moderate, and severe strokes</li> <li>Rehabilitation</li> <li>Secondary prevention of stroke and follow-up visits</li> <li>Training of stroke personnel</li> <li>Research in stroke</li> </ul>
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### LEVELS OF STROKE CARE

<b>STROKE CENTER LEVEL</b>			
<b>STROKE SEVERITY</b>	I	II	III
TIA or Mild Stroke	√	√	√
Moderate Stroke		√	√
Severe Stroke		√	√